

# KUK SOOL SENIOR SYLLABUS 1<sup>st</sup> Dahn

BELT	SOO KI	JOHK SOOL	HYUNG	HYUNG LHS	HO SIN SOOL	HO SIN SOOL LHS	MOO KI SOOL LHS & RHS	KYUK PAH LHS & RHS
WHITE/YELLOW	JUNG GWAN	AAHP CHA OHLIKI	CHO GEUP 1	NONE	SOHN PPAE KI 5 KI BOHN SOO 7	SOHN PPAE KI 5 KI BOHN SOO 7	JOOL BONG SET 1	DWI GOOM CHI CHA KI
YELLOW/BELT	MANG CHI KI	JIK UH CHA KI	CHO GEUP ALL	KI CHO2	KI BOHN SOO 15	KI BOHN SOO 15	JOOL BONG SET 2	AHP CHA KI
YELLOW/ORANGE	PYUNG SOO	AHP CHA KI	KI CHO 2	KI CHO4	SOHN MOHK SOO 5	SOHN MOHK SOO 5	JOOL BONG SET 3	PYUNG SOO
ORANGE/BELT	SUDO	YUP CHA KI	KI CHO 4	KI CHO6	SOHN MOHK SOO 11	SOHN MOHK SOO 11	JOOL BONG SET4	JIK UH CHA KI
ORANGE/GREEN	HAEJUN SUDO	MOO RUP CHA KI	KI CHO 6	CHO GEUP	EUE BOHK SOO 6	EUE BOHK SOO 6	JOOL BONG SET5	SOO DOH
GREEN/BELT	YUK SUDO	AHN DAE RAE CHA KI	JOONG GEUP 1	CHO GEUP	EUE BOHK SOO 13	EUE BOHK SOO 13	JOOL BONG SET6	YUHP CHA KI
GREEN/BLUE	PAHL GOOMCHI	BAHK AHN DAE RAE CHA KI	JOONG GEUP	JOONG GEUP	AHN SOHN MOHK SOO 6	AHN SOHN MOHK SOO 6	JOOL BONG SET 7	AHP CHA OH LI KI
BLUE/BELT	GAK GWAN	BAHL DEUHING CHA KI	GOH GEUP HALF	JOONG GEUP	MAEK CHI KI 15	MAEK CHI KI 15	JOOL BONG SET 8	PAHL GOOM CHI
BLUE/RED	SAMAGUI GWAN	DOOL RAE CHA KI	GOH GEUP ALL	GOH GEUP	MAEK CHA KI 15	MAEK CHA KI 15	KI BOHN DAHN BONG	DEE CHA KI
RED/BELT	GWAN SOO	DEE CHA KI	DAE GEUP HALF	GOH GEUP	J M M KI BOHN SOO 15	J M M KI BOHN SOO 15	DAHN BONG STRIKES	DEE DORA CHA KI
RED/BROWN	YUK PYUNGSOO	DEE DORA CHA KI	DAE GEUP ALL	DAE GEUP	J G SOHN MOHK SOO 7	JOONG GEUP SOHN MOHK SOO 7	DAHN BONG 18	DOOL RAE CHA KI
BROWN/BELT	AHP DEE SOO KI	DORA CHA KI	GUHM MOO 1 (TO SPIN KICK)	DAE GEUP	AHP EUE BOHK SOO 10	AHP EUE BOHK SOO 10	4 DIRECTIOS	AHP/DEE SOO KI 2
BLACK STRIPE	SSAHNG SUDO	BAHL GOOM CHI CHA KI	GUHM MOO ALL	GUHM MOO 1	AHP EUE BOHK SOO 20	AHP EUE BOHK SOO 20	DAHN BONG IL HUNG	DORA CHA KI
DBN/BELT	SSAHNG PYUNGSOO	HAH/SAHDAN DORA CHA KI	GUHM MOO	GUHM MOO ALL	DEE EUE BOHK SOO 11	DEE EUE BOHK SOO 11	DAHN BONG EE HUNG	SSAHNG PYUNG SOO 2
BLACK STRIPE	HOH GOO GWAN	AHN GOOM CHI CHA KI	GUHM MOO	GUHM MOO	DEE EUE BOHK SOO 18	DEE EUE BOHK SOO 18		YONSOK CHA KI 3
BLACK/BELT	SA JI GWAN	YOP JI KI CHA KI	GUHM MOO	GUHM MOO	DEE EUE BOHK SOO 23	DEE EUE BOHK SOO 23		YONSOK DORA CHA KI 4